



WMMF Sub-Cadets Competition Rules



World Mini Mini Football (WMMF) Competition Rules

**Sub-Cadets
7–9 Years**



Play Smile Shine

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Article 1. Purpose

1.1 These Rules are designed to promote participation, enjoyment, skill development, sportsmanship, and player safety while providing age-appropriate competition for young athletes.

1.2 The primary objective of the Sub-Cadet (7–9 Years) category is Learning & Fun. The focus shall be on introducing players to WMMF, developing fundamental skills, encouraging participation, and fostering a positive sporting experience.

1.3 Referees, coaches, team officials, and organizers shall apply these Rules in a manner consistent with the objectives of this age category.

1.4 Where a matter is not specifically addressed within these Rules, the standard WMMF Competition Rules shall apply unless modified herein.

Article 2. Field of Play

2.1 Playing Areas

2.1.1 The Sub-Cadet Field of Play shall be rectangular and measure ten (10) metres (32.8 ft) in length and six (6) metres (19.7 ft) in width.

2.1.2 The Field of Play shall include the following markings:

Boundary lines;

- a) Goal lines;
- b) Centre line;
- c) Centre mark;
- d) Corner markings;
- e) Penalty Area 1 (PA1);
- f) Penalty Line 1 (PL1).

2.1.3 All field markings shall have a width of between five (5) and ten (10) centimeters (2–4 inches).

2.1.4 Penalty Area 1 (PA1) shall be a rectangular area extending:

- a) One (1) meter (3.3 ft) into the Field of Play from the goal line;
- b) Fifty (50) centimeters (19.7 inches) beyond the outside edge of each goalpost.

2.1.5 Penalty Line 1 (PL1) shall:

- a) Be positioned one and one-half (1.5) meters (4.9 ft) from the goal line, measured to the center of the line;
- b) "Measure ninety (90) centimeters (35.4 inches) in length.";
- c) Contain three designated kicking spots spaced twenty (20) centimeters (7.9 inches) apart.

2.1.6 Penalty Area 2 (PA2) and Penalty Line 2 (PL2) shall not be used in Sub-Cadet competitions.

2.1.7 Any reference to Penalty Area 2 (PA2) or Penalty Line 2 (PL2) contained within the standard WMMF Competition Rules shall not apply to Sub-Cadet competitions.

2.1.8 Except as otherwise provided in these Rules, all other field requirements, equipment specifications, and playing regulations shall be governed by the standard WMMF Competition Rules.



Article 3. Match Duration

3.1 Sub-Cadet (7–9 Years)

Matches shall consist of:

- a) Two halves of six (6) minutes each;
- b) A two (2) minute half-time break.

3.2 Running Clock

3.2.1 The clock shall run continuously except during substitutions and where the Referee determines that a stoppage is necessary due to injury or other exceptional circumstances.

3.2.2 One (1) minute of additional playing time shall be added at the end of each half to compensate for time lost due to substitutions.

3.3 Only the Technical Delegate (TD) may authorize a change to the match duration. In exceptional circumstances, including scheduling constraints, venue limitations, safety considerations, or force majeure events, the TD may reduce the playing time to a minimum of five (5) minutes per half.

Article 4. Team Composition

4.1 Players

Each team shall consist of:

- a) Four (4) players on the Field of Play;
- b) Up to two (2) substitutes.

4.2 Substitutions

4.2.1 Substitutions may be made at any stoppage in play with the permission of the Referee.

4.2.2 Coaches shall make reasonable efforts to provide all players with meaningful playing opportunities.

Article 5. Time-Outs

5.1 Team Time-Outs

5.1.1 Each team shall be entitled to two (2) thirty-second (20-second) time-outs during each half.

5.1.2 Unused time-outs may not be carried forward to the next half.

Article 6. Ball Possession

6.1 Possession Count

6.1.1 There shall be no possession limit for Sub-Cadet competitions.

6.2 Referee Discretion

6.2.1 The Referee shall not apply the possession count for the Sub-Cadets competitions.

Article 7. Restarts

7.1 Educational Approach

For restart violations in Sub-Cadet competitions:

- a) The Referee may stop play;
- b) The Referee may explain the correct procedure;
- c) The restart may be retaken.



Article 8. Fouls and Misconduct

8.1 Spirit of Play

Players shall compete fairly, safely, and respectfully at all times.

8.2 Minor Infractions

For accidental or technical infringements, the Referee may:

- a) Explain the infringement;
- b) Issue a verbal warning;
- c) Permit a retake where appropriate.

8.3 Repeated Violations

Where a player repeatedly commits the same infringement, the Referee may award the appropriate restart to the opposing team or award a penalty and provide additional instruction.

8.4 Coach Misconduct

Where a coach interferes with play, disputes decisions excessively, or otherwise disrupts the match, the Referee may:

- a) Issue a verbal warning;
- b) Issue a Yellow Card;
- c) Issue a Red Card for any subsequent violation.

8.4.1 Where a coach is issued a Yellow Card, the referee shall inform the coach that any subsequent misconduct or repeated violation may result in the issuance of a Red Card and explain the consequences of a Red Card.

8.4.2 Where a coach is issued a Red Card, a penalty shall be awarded to the opposing team for each Red Card issued to the coach.

8.4.3 A coach who is issued 2 Red Cards shall immediately leave the technical area and shall take no further part in the match.

Article 9. Conduct and Discipline

9.1 Cards

Yellow Card, Blue Card shall not be issued to players in Sub-Cadet competitions.

9.2 Verbal Warnings

The Referee may issue verbal warnings for:

- a) Unsporting behavior;
- b) Persistent rule violations;
- c) Dissent;
- d) Delaying play.
- e) Referees shall communicate clearly, positively, and in an age-appropriate manner.

Article 10. Fighting and Serious Misconduct

10.1 Red Card – Ejection

A player shall be ejected from the match where he or she:

- a) Engages in fighting;
- b) Attempts to strike another participant;
- c) Commits violent conduct.



10.2 Replacement

An ejected player may be immediately replaced and the match shall continue with equal numbers of players on the Field of Play.

10.3 Educational Follow-Up

Following a Red Card, the Technical Delegate (TD) may meet with the player and coach to explain the reasons for the ejection and reinforce the principles of sportsmanship and respect.

Article 11. Penalties

11.1 Awarding of Penalties

A penalty shall be awarded where:

- a) A player deliberately handles the ball within PA1;
- b) A foul is committed within PA1.

11.2 Referee Assistance

The Referee may explain the penalty procedure before the attempt is taken.

Article 12. Coaches and Parents

12.1 Positive Behavior

Coaches, team officials, and spectators shall:

- a) Encourage all participants;
- b) Demonstrate respect toward opponents and match officials;
- c) Promote enjoyment, learning, and good sportsmanship.

12.2 Interference

- a) Coaches and spectators shall not interfere with match officials or disrupt play.
- b) Coaches who violate this provision shall be sanctioned in accordance with Article 8.4.

Article 13 Organizing Sub-Cadets Events

13.1 Sub-Cadet Competitions

Organization of Sub-Cadet competitions shall be subject to the approval of WMMF.